

How Aliens Put Me Into Power

First Installment: The Reconnection

The Love Guru

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THE LOVE GURU

While all the stories in this book are true, some names and identifying details have been changed to protect the privacy of the people involved.

How Aliens Put Me Into Power
The First Installment: The Reconnection
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Nothing in this book is intended to replace common sense, legal, medical or other professional advice, and is meant to inform and entertain the reader.

Thank you to Kasi Alexander for editing my book and Amy Alstatt for working with me on Zeke's illustration.

Congratulations on starting (or going deeper into) your spiritual growth and healing journey!

Welcome to The Love Guru's Book Series

The Love Guru's books are created to raise your consciousness and expand your mind. Once you read them, you'll never look at love, relationships, or life the same again. Instead, you'll start to see life from a more enlightened perspective.

Two Books in One!

On one level, The Love Guru's books are created as a light and fun read that you can easily pick up while you are sitting on the beach or waiting for a plane. But on a deeper level, her books are to be used as self-improvement tools. Within these pages are deep insights, lessons, and realizations that you can apply to better your life and greatly improve your success in the world.

Books

The Fairytale Series

Do You Know My Husband?®

Doing My Life, My Way

Is This What Happily Ever After Is?!

The Alien Series

How Aliens Put Me Into Power Book Series

The Rise of the Lightworkers Book Series

Home Study Programs

The Spiritual Way to Attract The One®

Couples Intimacy Club

Money on Demand

Warrior Training

Personal Message

Dear Fellow Indigo Warrior¹,

I wrote this book for you.

This book is not for those looking to connect with aliens for shits and giggles. It's not a book for those looking to connect with aliens because they think it would be cool. This book is not for the UFO crowd, the "I want to have sex with aliens!" crowd, the "I got abused by aliens" crowd, or the alien whistleblower crowd, although anyone in those groups may be interested in this book and of course you are all welcomed and allowed.

This book was written with a higher purpose in mind.

Aliens are not the latest toy or gadget you get from the store, poke and prod for a month or two, get bored and then throw away. They are magnificently powerful beings who deserve our love and respect.

I wrote this book for my fellow Indigos, because like me, you have a big mission to do in this world.

Indigos are here to change the world.

That's right.

We are here to tear down the corrupt systems that currently occupy every facet of our lives (the medical industry, the legal system, the educational system, the food system, the media, and

¹ If you're not sure what an Indigo is or if you are one, go take my "Are You an Indigo?" Quiz found at the end of this book.

How To Use This Book

This is a book that contains a story. My story. This is also a book that is rich with teachings. Some teachings I will stop and point out, other teachings you will have to be on the lookout for yourself. You are not a baby and I do not have to point out every teaching in this book. There are many, and you are able to find them, note them, and digest them on your own. I actually want to get you into that routine in your life, if you are not already actively — every single day — living life like this. You go through life, things happen to you or in your environment, and you take the lessons from each of those experiences and learn. You digest them and process them on your own and therefore go to your next level of ascension.

This book will activate and initiate you. It has many activations and initiations within its pages. If you're not clear on the definitions of those two words, you will find them defined within the first few pages of this story.

This is a *layered* book. This is how the 'beings from another planet' operate. They say one thing and it also has layers of other meanings. It is also a message that is timeless. This means you can read this book today, get messages, activations and initiations, and then pick up the book a few weeks, months or years from now, and the messages will activate and initiate you to a deeper level. The messages will also have all new meanings based on what is currently going on in your world. That is just one of the ways the 'beings from other planets' are amazing and magical. We have this power within us too, but for many of us it has been dulled down, pushed aside, ignored, or taken from us. This book will help you get back in touch with your power.

It is suggested that you keep a journal beside you when you read this book. After each chapter, write down what you have questions about, what realizations you've had, what you are learning, and what you want to learn more about.

Do this after each and every chapter. And sure, you can read this book and not do what I suggest, but if you want to grow your Soul and advance faster on your spiritual path, then you will follow my guidance.

When you do this, it'll be like I am right there with you, helping you, healing you, teaching you, and guiding you like I do with my private clients. This is how you take the lessons in the book further.

Also when you write down questions, you activate your own intuition and your own connection with Spirit (your angels, guides, etc.) and your own 'beings from another planet.' So what I share with you serves many purposes. These are just a few.

My intention for sharing this book is to awaken you, enlighten you, educate you, entertain you, and empower you. It is also to welcome you — initiate you — into my community that is filled with Indigo Warriors, or rather Awakened Warriors, as that's what I call Indigos who are healed and ready to do their mission.

Warriors Unite!

PS: I am different than other spiritual teachers and healers. I teach that spirituality is not a spectator sport — it's not a movie or a show that you watch passively and zone out. Instead, I guide people in doing the work. When you work with me, you come to learn spiritual teachings and get channeled guidance. You learn a new way of being in relationship with yourself, with others, and with life. Then you get practical exercises so you can apply the teachings

This is not your average book.

The Love Guru's "Heart Healing" Books

Open & Heal Your Heart, Clear Your Blocks,
Uncover Your True Self, Do Your Mission

The Love Guru's books document her spiritual journey and transformation over a 16+ year time period. It's suggested that you read the books in order rather than jumping around (although it may be tempting!). This way, you will go through the shifts in consciousness as Blaire goes through them, and you will experience transformation in your own life too. This happens all by the simple act of reading the books and thinking about what is shared.

Her books are "Heart Healing" books, meaning that they are encoded with energy and wisdom that awakens, heals, and helps you shift and change. Some of the information and insights shared may bring up uncomfortable feelings such as anger, sadness, frustration, and confusion. This is good, as it means the dark parts of you are being stirred up and brought to the light so they can be looked at, healed, and released. It's suggested that when you have a strong or uncomfortable feeling about something that Blaire does or shares during her journey that you journal about your thoughts and feelings and see what messages they have for you. In other words, see what you can learn.

Enjoy reading the books, expanding your consciousness, and going on your own adventure. We're glad you're here.

Note to Reader

As you read this book and go on your own healing and awakening journey, you may start making contact with your own star family, begin to feel a deeper sense of belonging, and start to feel more at “home.”

My intention behind sharing my journey with you is for you, too, to be put into power.

When you heal your childhood wounds, you awaken to who you truly are and who you are meant to be. You also get welcomed into the small (but growing) percentage of people in our society who experience true freedom. Freedom from past hurts, freedom from karma, freedom from poor conditioning, freedom from old programming, and freedom from wounds that have been passed down from one generation to the next. Rather than being who you have been conditioned to be, you experience the freedom to be who you were created to be. You also step more fully onto the path of doing what you came here to do — your Divine Mission.

I hope you enjoy connecting with my star family as much as I did.

This book is dedicated to Zeke.

Zeke, I adore you. Thank you for re-connecting with me, thank you for looking out for me, thank you for guiding me, and thank you for loving me. I love you more than I can say in words.

To my reader, once again, enjoy! I’m super excited to share this journey with you and honored to be the one who expands your mind and activates your Soul. Thank you for connecting with me.

Wishing you the best in love and life,
The Love Guru

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CAUTION: This book is “out of the box.” It contains real and raw emotions and a sexual encounter with an alien. Simply by reading this book, you’ll be thrown into a world that will challenge your current reality and make you question everything you once thought was normal. If you are not ready for this, or if you’re not interested in expanding your consciousness, it’s suggested that you stop reading this book right now.

You’ve been warned.

First Installment

When I first reconnected with my star brother, Zeke,
the communication lasted one year.

This year-long connection is shared in a three-book series.

This is the 1st installment,
and it covers a 19-day time period.

The Vision

March 31, 2014 — Florida

I wake up. Nice and rested. I roll over to my back. Straighten my body. Arms to my side. I'm ready for contact.

For some reason, my body needs to be straight and aligned in order to make a connection. I fix my sheets. Pull them crisp over my body and up to my neck.

Ahh, good. I'm ready now.

I close my eyes. Relax my body. Tune in.

I start breathing deeply, slowly bringing the air in to my stomach and then breathing it out of my nose. *I'm ready... are they here?*

Yes.

Clairvoyantly, I see four figures. They look like four shadows surrounding my bed. One is to the left of me by the edge of my bed. He's the leader. Then there's one to his left. Then one by my feet. Then one on the lower right side of my bed.

Telepathically, I speak to the leader. "There are four of you today. Why are there four?"

"That's how many are needed."

Okay. I don't ask for more details. I just accept. "So I need a name for you guys." I continue speaking to the leader through my mind. I can't keep calling them 'beings from other planets.' It's too long of a name. Too much to say at once.

"Call us ONE."

That's not really helpful. I go on to something else. "So you're not really here..."

It's morning. Light is streaming into my bedroom and I can't see them. Today I open my eyes in between each comment that is

said. I have my pen and paper beside me. I want to document this interaction.

“We are. We become invisible when you open your eyes because we don’t want to scare you, but when you are ready we will appear.”

He’s right. I’d be too frightened. The timing isn’t right for that.

“You can call us Ezekiel.”

I laugh. I think he’s making a joke. “So you told me Ezekiel because I’m Jewish - that’s racist!” I’m playing around with him, but I mean it. I don’t want to call them that. My mind immediately starts imagining the anti-Semitic jokes that are bound to come my way once I tell others their name.

“Don’t worry, it’s a Christian name too.”

“Well, I hope it has a good meaning,” I say mockingly.

“It means great one. Wise one.”²

I laugh. I think he’s joking again. “Can I call you Zeke?”

No answer. I take the silence as a “yes.”

Suddenly, I’m breathing in unison with them. I can see this clairvoyantly.

There are times when they speak telepathically and I can hear them in my mind, and other times we do things without conscious thought. I just intuitively know what he wants and what needs to be done.

We continue to breathe together.

“So what do you want to do?” I ask eagerly, wondering what’s on the agenda for Alien 101³ today.

² I later learned that the stories about Ezekiel in the Bible refer to UFOs and aliens.

³ I now teach a program entitled Alien 101, which breaks down the spiritual teachings and psychic development techniques that Zeke shares with me in this book. Details can be found on thealiennetwork.com. Enroll in the program if you like the book and want to learn more.

Connecting the Dots

You may be wondering how all of this happened, and I would tell you I've been trying to figure out the same exact thing.

Seven years ago, I met my first intuitive healer. Back then I had no idea what that title meant, but I felt guided to work with her so I followed my impulse. Come to think of it, back then I didn't use the word "guided" either, but I was curious about what she did and thought she might be able to help me get the success I so desired.

I had a session over the phone and enjoyed it immensely. I still didn't quite understand what she did or what happened during our time together, but I was intrigued and I liked what she shared with me. This led to me becoming her best student, where I met with her privately on a bi-weekly basis to do a deep dive in uncovering who I really was and clearing away layers of my false self. As I did this, my psychic gifts came alive and I later realized that I had similar gifts to hers. I now help people uncover their true selves as well.

I ended up working with her intensely for three years, and while this was going on I started calling myself an "Intuitive Heart Healer."

I remember speaking to my guides quite intensely one day after I had attended one of my teacher/healer's workshops about how I knew I was an intuitive healer too, but that I also knew that title wasn't totally right for me, as I'm able to get information about people and their emotional and mental state, blocks and baggage that other people were not. This is when my guides told me that I am an intuitive *heart* healer and they explained to me how my gifts were unique and different from hers and others.

So I carried on with my life in this way: working with clients to help them heal stuck emotions such as anger, anxiety, sadness, loneliness, frustration and fear from their energy field, as well as

Sex with an Alien

March 27, 2014 — Early Morning — 4 days before my vision

I lie down on my couch, totally exhausted. I've been so tired from all the energy lately.

As I'm lying there, I start connecting with the 'being from another planet.'

I try to record our conversation. This requires me to speak out loud and narrate what's going on, but it's really hard to keep the connection while I'm doing this. It's hard to stay in the moment and narrate it, too.

I TURN ON MY AUDIO RECORDING:

He's sitting right in front of me. I can't see him super clear, but I feel the density of his body in front of me. I'm able to somewhat make out his face. I see a grayish round head with big, black eyes that have this mirror-like reflection and a hypnotic feel to them.

Before I start speaking out loud for the recording, I already get the answer to my question. I wanted to know if he's Reptilian and he says "Yes." Again, this is all telepathic.

I ask him, "So that means you're a lizard?"

He replies, "I can shape shift into a lizard but that doesn't mean I am one."

He continues to say to me that it's like I'm looking into the mirror when I look at him. I guess that means I'm from another planet, which would be a confirmation of what someone told me a month ago — that I am from Sirius.

I continue my interview. I'm lying on my couch and he's in front of me. He reaches out his hand and activates my heart. It feels