

How Aliens Put Me Into Power

Second Installment: The In Between Time

The Love Guru

While all the stories in this book are true, some names and identifying details have been changed to protect the privacy of the people involved.

How Aliens Put Me Into Power
The Second Installment: The In Between Time
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Nothing in this book is intended to replace common sense, legal, medical or other professional advice, and is meant to inform and entertain the reader.

Special thanks to Kasi Alexander for editing my book.

Congratulations on starting (or going deeper into) your spiritual growth and healing journey!

Welcome to The Love Guru's Book Series

The Love Guru's books are created to raise your consciousness and expand your mind. Once you read them, you'll never look at love, relationships, or life the same again. Instead, you'll start to see life from a more enlightened perspective.

Two Books in One!

On one level, The Love Guru's books are created as a light and fun read that you can easily pick up while you are sitting on the beach or waiting for a plane. But on a deeper level, her books are to be used as self-improvement tools. Within these pages are deep insights, lessons, and realizations that you can apply to better your life and greatly improve your success in the world.

Books

The Fairytale Series

Do You Know My Husband?®

Doing My Life, My Way

Is This What Happily Ever After Is?!

The Alien Series

How Aliens Put Me Into Power Book Series

The Rise of the Lightworkers Book Series

Home Study Programs

The Spiritual Way to Attract The One®

Couples Intimacy Club

Money on Demand

Warrior Training

This book is dedicated to all my Indigo Warriors¹ who have big dreams in their heart of changing, helping, and healing the world — and are determined to make them come true.

May this book be a blessing to you.

¹ If you are unsure what an Indigo Warrior is, I have defined it for you on the next page.

Calling all Awakened Warriors! Warriors Unite!

An Awakened Warrior is an Indigo Adult or a Starseed or Lightworker with warrior energy who is actively healing (or has healed) their emotional, mental, and childhood wounds and is here to serve the world. **You understand that before you can help, heal, and change the world, you must heal yourself.**

You are sensitive, caring, and have a strong sense of right and wrong. You don't like being told what to do, you have a fiery, rebellious nature, and you tend to think about other people's feelings more than your own. You're an activist at heart and your activism tends to be focused toward helping animals, people and/or the environment.

You have psychic and healing gifts. And if your super powers have not come online just yet, they will once you heal yourself. You have a deep connection to God and a loving, trusting nature that usually ends up working against you because a lot of people tend to disappoint you when you see who they really are.

You love the Truth. You hate small talk and you like to have deep, connected relationships, yet you tend to feel alone, different, and wonder where you belong.

Indigos are the Most Powerful Beings on Earth. You may not feel powerful at this time and that's only because you have not done enough healing work to get into your power. This is what I help you do. **I am a proud Awakened Warrior and one of my missions is to guide, help, heal, teach, and lead Indigos in preparing for and doing their mission.**

Through my books, products, programs, and private sessions, I help you heal your mental, emotional, and childhood wounds and guide you to stepping into a powerful leader.

As an Indigo, you have a big mission here on Earth. You are here to bring light to the dark and tear down the corrupt systems that currently occupy the world. Then you are to rise as a “Leader of the New Earth” who leads in truth, honesty, integrity and for the good of all.

This is a manual for an Indigo's way of living.

According to my star brother Zeke, who is a high-vibrational alien from Sirius, the *How Aliens Put Me Into Power* book series are "manuals for an Indigo's way of living." These books are to be read over and over again and to be studied. They not only shift, activate, and heal your false beliefs and programming, but they also contain teachings that you are to sit with, journal about, and hang up on your wall.

These books are interesting and entertaining stories, as well as educational texts. They are filled with deep spiritual teachings about manifestation, 5D living, creating your dream life, and more. They also contain psychic development techniques that will help you prepare for and do your mission in the world.

They are books that keep on giving.

Each time you read them, they will shift you from the core.

For more education, enlightenment, and empowerment, visit www.thealiennetwork.com and www.loveguru.net.

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Second Installment

When I first reconnected with my star brother, Zeke,
the communication lasted one year.

This year-long connection is shared in a three-book series.

This is the 2nd installment,
and it covers a 5-week time period.

Prologue

This book begins 19 days after I began communicating with my star brother Zeke. It was an unexpected but welcomed experience that expanded my mind and raised my consciousness.

He taught me about using my sexual energy to raise my vibration, increase life force, and for manifestation. He taught me about shapeshifting and time travel. He also taught me about who I am, why I am here, and doing my mission. He taught me many things during the first nineteen days of our reconnection, which culminated in me having a kundalini awakening.²

² All these experiences can be read about in *How Aliens Put Me Into Power: First Installment - The Reconnection*. It's suggested that you start with that book first.

Kundalini Awakening

April 14, 2014 — 3:33AM

I had my kundalini awakening yesterday. It's still going on right now and it has shown up as fear and anxiety. I'm making some food, putting rescue remedy in my water, and taking lots of deep breaths and praying. My heart is pounding and I think I've had anxiety all night. Definitely since yesterday, but I needed to get some sleep. It's also a full moon now so I know the energy is all related. I'm going to put on some soothing music and I'm sure I'll feel better after I eat too.

Somehow this has used up a lot of calories. I was hungry before I went to sleep, although I had just eaten, but was too tired with too much going on (having the new cat in my house, my dog and me). Again I feel scared. All the energy feels like fear and anxiety to me. *Breathe...*

Before I went to sleep I prayed that this energy flows through my body and I kept hearing, "When you release control, it'll flow gently." Something like that.

My response: "But I'm afraid."

Again it's the fear of the unknown and anxiety.

I also kept hearing, "Truth has a vibration."

There was an understanding that I'm that vibration now. I thought I knew the truth before... I'm not quite clear with that.

I continue in stillness, aloneness, prayer, breath, and surrender — letting this process happen naturally.

8:30AM —

I was remembering how irritated by my space I was last night. So many boxes and random stuff — clutter — left and right. All of a sudden it was bothering the hell out of me. I'm still trying to figure out what happened to me. My experience wasn't like anyone else's. I didn't feel a bolt of lightning go through my system. I didn't feel loved. I wasn't completely healed, although I wouldn't know if I was or not. I just felt dizzy, like I was going to pass out, a flood of fear and anxiety released into my system. I wasn't really able to think straight, weakness, inability to focus, people talking to me but me not comprehending and then at night surges through my body but again anxiety and heart palpitations.

Was it a kundalini awakening? A rising? A completely different thing? Is it still going on? And then an intolerance for clutter.

I had to move it all, and now I need to get it out of here.

I'd like some answers. Some explanations.

Do I have supersonic psychic powers? That dream about someone living their life on another planet and star system? What is going on? And again, I'm starving! I feel like I can't really function. I don't want to be around or get in conversations with people. And what's the deal with the cat? Why did I get her anyway? I don't understand any of it.

1:30PM —

"Zeke, I need to speak to you."

"At your service, my dear."

"What the hell is going on?!"

"Whatever do you mean?" he replies in a light-hearted, playful tone.

“Don’t play naïve!” I snap back. **“Everything is so weird. I feel lost, confused, in some weird time warp.”**

“Honey, you’re processing new energy³.”

“What new energy?”

“The energy from the full moon coupled with the decisions you made yesterday.”

“But I feel like I didn’t even really make a decision yesterday. I feel like I still haven’t made the decision about the cat but meanwhile she’s here in my home.”

“Congrats, Blaire! Surrender.”

Surrey. That’s what I decided to name her — short for surrender, which is the act I performed by adopting her.

You see, I was brought up in a home where my mom hated cats. All throughout my childhood, whenever we were around cats, or whenever they were mentioned, my mom would always comment on how “nasty” and “dirty” they were.

The day prior I wanted to see what *I* thought about cats, free from my mom’s take on things. I had never really been exposed to cats before and I just had my family’s programming around the subject, so I wanted to examine that.

That was when I met Surrey at the animal store.

When I saw her, I asked the adoption attendant if I could hold her, and when I did, I immediately felt love for her.

When I held her to my heart, this incredible surge of energy went through me. She was what — no, it was our heart connection — was what had activated my kundalini and caused it to rise. This is what I’m talking to Zeke about here.

³ Throughout the book, you will notice certain lines that are bolded. These are special messages for you to pay attention to. So although Zeke (or my guides, or I) may be speaking about my life in these passages, these messages are also for you.

“You did it, hun. You surrendered to the divine flow.”

“The divine flow was to bring home this cat??”

“Yes, sir-ee!”

“But I still feel like I don’t know if I want a cat. I still feel like I’m not sure if I’m keeping her.”

“Ohh, you will.”

“Really?”

“Yes. sir-ee!”

“But I don’t know where I’m moving, where I’ll be living, and my work hours. Plus balancing my love between Magic [my dog] and Surrey? It’s not something I really thought through.”

“Honey, you don’t need to think everything through. Left brain reasoning. Rubbish! Old way of being.”

Speechless. I’m sitting there thinking and listening — but it’s silent. So I’m basically just sitting there dumbfounded. No thought, just dead space, silence.

Zeke continues, **“You listened to your intuition without knowing it. You let Spirit take over you. Good experience for you, honey, one in which you are and will be rewarded.”**

“How so?”

“With the cat and your new way of being. It released the kundalini energy to help you further actualize your dreams.”

“I don’t get it. I’m feeling emotional now.”

“There you go, honey, that’s confirmation. May you live more and more of your life out of this Christ Consciousness. That is it for now. Later we will reconvene.”

Huh? Christ Consciousness? I don’t really know what that is. And such a short transmission? Weird!

8:22PM —

“Dearest Blaire, why are you asking everyone but me about what happened?”

“Well, I’m not really asking anyone because everyone I try to reach out to has been blocked from answering. That’s your doing I suppose.” I smile. I’m on to him.

“Yes, indeed. You and me, let’s talk. Why are you asking others what your experience has been?”

“It’s because I feel so confused and so foggy.”

“Well, hun, isn’t that a sign to you that something significant has happened?”

“Yes.”

“And amongst all that fog haven’t you been crazy productive as ever?” He’s quoting me with the ‘productive as ever’ which I was saying out loud non-stop all day.

I laugh, “Well, it’s... a bad word... a sort of a possession.”

“TERRIBLE WORD! Let’s cancel that! Clear it and delete it. You are nothing of the sorts. Now let’s try it again. Why have you been productive as ever? And what have you been doing?”

“I don’t know. It’s really quite weird when I think about it, and even doing that it’s hard for me to explain. My head is so clouded. I see this is how it feels to be on drugs.”

“Yep, stoned all day, but you’ve been ‘productive as ever,’ so tell me what have you been up to?”

“Well, of course you know, but I know we are discussing and processing, so I’ll tell you. I have been running around preparing my home for Surrey. I did research on cat litters because I realized that the cat litter is grossing me out. I’m really sensitive to the fragrance, so I did all this research and stumbled upon wood pellets.

Then I drove out to the boonies — all the way west — to get her some for her litter.”

“Wow, isn’t that nice of you. All of this for a pet that you ‘say’ you aren’t even sure you’re keeping? That’s interesting, Blaire. Who are you fooling?” he jests.

“Well, that’s the thing. It’s like I didn’t even make a conscious decision to get her, yet I got her. I haven’t made a decision to keep her, and yet you’re right: I’m running all over town for her. So what gives? I don’t get it. *What the hell is going on?!* And on top of that I’m not in the position to drive since I am so ungrounded. I was praying and praying, and trusting, and knowing you’d watch over me, but really, what’s up with that? I should be lying on my couch but these last two days I’ve been running around all over.”

“You do realize that all you did yesterday was go to the pet store and then today just to the feed store and back to the pet store to pick up the paperwork they forgot to give you.” He’s correcting me. Showing me I really didn’t do much, yet in my mind clearly I think I’ve been around everywhere.

“Yeah, I do. And I also know that I’ve been busier because I am cat proofing the apartment for her and figuring out all the supplies and how to deal with her.”

“Right, so you are adjusting.”

“But why am I adjusting to her while I’m going through this awakening? It seems crazy and maybe even cruel.”

“Oh, come on, Blaire, it’s part of the fun. Look how far you drove today. You would have never done that in the past. You used to hardly ever get off your bum.”

“Very funny. Okay, so I got lazy living here in Florida.”

“Yes, hun, but also lazy is a state of mind. Surrey has brought in this wonderful energy. She has taken you on an adventure! And yes, just as you intuit, the fun has just begun!”

“Oh goodness. But I’m so out of it while going through it all.”

“Yes, but maybe that’s done for a reason. Re-wiring your brain.”

“Hmm, okay. Re-wiring my brain for fun?”

“Yes, señorita, you can look at it like that. The fun has just begun!”

“Okay, fine. I’m so tired even in talking to you. 8:33PM already. I need to take Magic out again and then pop into bed.”

“So go, hun. We don’t need to talk long these days. I just want you to know that I am here for you to answer your questions. I know it’s tiring to connect to me like this and to have to focus your energy when you are adjusting, but I am here. I am your point of contact, and I am here to share in the fun!”

“Okay, thanks, Zeke. I didn’t sleep well last night and have been up since 5AM.”

“Yes, hun. No one said changes weren’t a bit taxing to the system. I’m glad you had that meat tonight. We told you veggies but you’re a girl of your own mind! You do what you want, when you want, and we love you for it.”

“Very funny. Now you’re making me smile.”

“That’s the ticket. Remember the fun has just begun!”

“Okay, and I hear ya with that, but then why so much anxiety? At times it’s ridiculous!”

“Honey, that beautiful, sweet little kitty of yours, well, she popped the lid off your old programming. She was a F-you to the man. F-you to your old way of being. An F-you to the way you were raised. She goes against everything you were told since you were young. The anxiety is normal. Your experience with her is tapping into primal programming. Don’t analyze it, just *be!*!”

“Oh my God! Thanks for bringing that up. Twice today I saw that on license plates! Can you believe it?!”

“Of course I can! It was my doing! Like I told you, the FUN has JUST BEGUN!”

“I love you. Thank you, and I so need a massage.”

“Well, book it up, sister! Pamper yourself. You deserve it.”

“Yeah, I want to wait until my processing of this new energy — the awakening — is done. As I shared before, today I felt totally ungrounded.”

“Honey, there’s no need to wait. Maybe it’ll help the energy move along faster. Be easier for you to integrate. It’s just a thought.”

“Okay. We’ll see. Maybe tomorrow.”

“Yes! That would be fun.”

“Okay, let me walk Magic. Goodnight... and thanks.”

“You’re very merry and welcome.”

“Okay, weirdo.”

“I’ll let you have that one for tonight, ‘cause I know you are tired. But you need to stop calling me names,” Zeke firmly reminds me.

“Okay, sorry, sweetheart. Thank you for saying I’m very merry and welcome. I love you.”

“You’re very merry and welcome. I’m just sharing the cheer.”

“Okay, I see it’s Christmas time by you,” I say, smiling.

“And you too, honey. We’ll discuss later.”

“Okay, talk to you later.”

A New Type of Spiritual Teacher

April 15, 2014 — 10:30PM

“Good evening, Blaire. Tell me about your day.”

“Hi, Zeke! Well, things are starting to make more sense to me. Today is Magic’s birthday and I remembered it but also totally forgot. It dawned on me today how I told Magic, and how I’ve been telling him for awhile now, that I’d get him a cat.

“And actually I’ve been saying this to him the last few weeks, asking him if he wanted a cat for his birthday. Well, it connects real nice. All day I kept telling him how Surrey is his birthday present and I told him if he didn’t like her we’d return her. I don’t want my relationship with Magic to change. He’s my favorite. So today they both started warming up to one another and a few times I caught them attempting to play. And then twice today Surrey was lying next to him to nap. It was so adorable. That makes me a really happy mommy.”

“That’s great, honey. Now tell me about the information you discovered about your spontaneous kundalini awakening.”

“Well first off, thank you. You told me it was going to happen and it did. That’s a big wow! And it was quick. I think that was just a week or two ago, when I first met you.”

“Well, hun, I tell the truth.”

I laugh. “It’s a good confirmation for me. So thanks!”

“You’re welcome.” He smiles. “I tell you the truth.”

“Well, I read on someone’s website how she was in a daze for however long, and that explains how I’ve been feeling the last three days. Today I fell into a deep sleep after my massage. Thank you for suggesting that. It was incredible and then I was so out of it, weak and crazy hot. I’ve been hot for the last two weeks. Again since we

connected. And today I felt more pressure in my head, which was uncomfortable. The thing that really was remarkable was how you said 'Christ Consciousness' and on this lady's page she said the kundalini awakening was that too. So I'm still figuring it all out.

"And one last thing. This happened right in between Good Friday and Easter and something feels significant about that too. So that's about it.

"Also today I fell in love with Surrey. I was so excited to come back from my massage to see both of my little monsters. Everything has been great. I realize that I'm in the midst of change. I'm more comfortable with it and enjoying it. I'm all organized and packed up and ready to go. Please connect me with people who want to buy my karaoke machine, rollerblades and dog stroller. I'm ready to fully release them and please make this a quick, easy, and enjoyable sale that happens tomorrow. I'm ready to move on. It feels like my move will happen any day and I'm grateful I'm getting to know Surrey here in this apartment rather than my new place. Also I saw online it says cat gives one the courage and curiosity to explore the unknown. Fantastic totem, thank you!"

"You're very welcome, Blaire. Glad I could be of service. So what questions do you have for me?"

"I'm not sure. I'm feeling happy and excited. I realize that when I said 'yes' to the cat that I totally confronted all my old programming and upbringing. That's when the kundalini rose and I got flooded with dizziness and heat. Flooded with all those old thoughts, stepping into freedom. Oh! Funny, I know this was your doing — I saw two Jesus license plates and when I came out of my massage there was a front plate that said, 'Born to Be Free.' That theme of being truly free. Thank you."

“Yes, Blaire. **It’s like your whole life has just started again. New fun and experiences. Anything you desire. You’ve cleared all your old programming and now you get to celebrate!**”

“Okay. You said I cleared all my old programming but what about what was bothering me the other day? The thoughts of people not signing up for my gatherings and programs.”

“Hun, let it all go. Let it all wash over you in this full moon. That’s all done with. An old illusion. Things are going to change for you and change real quick, so be ready and say ‘yes.’”

“Okay, can we discuss the changes? This is exciting and fun. What would you like me to do?”

“Well, hun, really all you can do is what you feel inspired to. You’re still going through these adjustments and ascension. Like that lady’s experience, you feel spacey, out of it, in another dimension, exhausted, weak, tired, yet full of adrenaline. So let it flow. No plans on the agenda. Enjoy your new housemate.”

“I posted the news of the awakening on my Facebook along with a picture of Surrey. You think people would say congratulations or that’s interesting but nothing. It’s like I feel so angry at these people but then it’s like there’s no emotion, just no energy for that, or maybe it’s no desire. Can you explain?”

“Honey, pay it no attention. These people are curious about your experiences. They have no idea how to react. So hold off on the posting. It was good you let others know what happened, but they need to pay to hear these details. **The time to value your work, your gift to the world, has begun.**”

“But I don’t know how that looks. I’ve gone through periods of withholding, of posting and not posting, of being angry, resentful. I just don’t know what to do.”